

FOOD ALLERGEN CHART

STORE: PAN PAKISTAN STORES

REVISION DATE: 17/06/24

DOC NO: GI-AP-04-15.3

Product	Type	Category	Cereals Containing Gluten										
			Suitable for Vegetarians	Suitable for Vegans	Wheat / Gluten	Soya	EGG	Milk	Fish	Crustaceans	Mustard	Peanut	Tree Nuts
CAKES													
Bread & butter pudding loaf	Food	Cakes	YES	NO	YES	YES	YES	YES	NO	NO	NO	NO	NO
Fudge Chocolate Cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Blueberry Cheesecake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Caramelised cookie cheesecake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
NY cheesecake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Black forest swiss roll	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Chocolate Swiss Roll	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
vanila Swiss Roll	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Blueberry Loaf cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Banana bread	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Mango cheese cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Red Velvet Swiss roll	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Red Velvet cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Chocolate Malt Cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Carrot Cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	YES
Coffee Delight Cake	Food	Cakes	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
SANDWICHES													
Egg salad sandwich	Food	sandwiches	NO	NO	YES	YES	YES	YES	NO	NO	NO	NO	NO
Smoked roast beef Sandwich	Food	sandwiches	NO	NO	YES	YES	YES	YES	NO	NO	NO	NO	NO
Chicken Tikka Sandwich	Food	Sandwiches	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
fajita Sanwich	Food	Sandwich	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Lime Chicken croissant Sandwich	Food	Sandwiches	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Supreme chicken sandwich	Food	Sandwiches	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Jalapeno chicken sandwich	food	sandwiches	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
SunDried Tomato sandwich	food	sandwiches	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Cajun chicken wrap	food	sandwiches	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Pulled Butter Chicken sandwich	Food	Paninis	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
TOASTIES													
Tandoori chicken Toaties	Food	Toasties	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Mushroom & Cheese toasties	Food	Toasties	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
BAKED PRODUCTS													
Margrita pesto danish	Food	Toaties	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Raisin roll	Food	Toaties	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Cinnamon Roll	Food	Toaties	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Mushroom caramelised Onion	Food	Toasties	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
SWEET PASTERIES													
Almond Raspberry Slice	Food	Sweet pastrie	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	YES
Glazed Fruit tart	Food	Sweet Pastrie	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Blondies/Fudge Brwonie	Food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Chocolate Donut	food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Chocolate Sprinkle Donut	food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Chocolate Hazelnut Donut	food	sweet pastrie	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Caramelised cookie donut	food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Cinnamon Donut	food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Butter Croissant	Food	Sweet Pastrie	YES	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO
Chocolate croissant	Food	Sweet Pastrie	YES	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO
Almond Croissant	Food	Sweet Pastrie	YES	NO	YES	YES	YES	NO	NO	NO	NO	NO	YES
DARK CHOCOLATE COOKIE	Food	Sweet Pastrie	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Chocolate chip cookie	Food	Sweet Pastrie	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Chocolate Muffin	Food	Sweet Pastrie	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Vanilla Muffin	Food	Sweet Pastrie	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
Blueberry Muffin	Food	Sweet Pastrie	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
lemon filled donut	food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO
strawberry filled donut	food	sweet pastries	YES	NO	YES	NO	YES	YES	NO	NO	NO	NO	NO

